

# Tuscany & Siena

7 or 5 Day Trip  
Independent Walking up to 35.2 miles

Route Open • 16th April to 31st October



PHOTO: MATE WHINNEY

## Features

- Walk from hill-top San Gimignano to Siena
- Timeless countryside, as seen in the background of medieval paintings
- Hills crowned with medieval cities and villages – San Gimignano, Colle di Val d'Elsa and Monteriggioni
- Patchwork of vineyards and olive groves, ancient forests, fields of wheat and barley
- Ancient festivals and traditions preserved in the towns and villages
- Renowned Tuscan cuisine and wine

## Itinerary

Day 1 • Arrive in San Gimignano

Day 2 • Free day in San Gimignano

(5 day itinerary – Arrive in San Gimignano)

Opportunities to explore the walled medieval town, the 'medieval Manhattan', with its world-famous towers and outstanding medieval frescoes in its churches. Optional circular walk in the countryside around San Gimignano, offering superb views of the town (4 miles, 2 hrs).

Day 3 • San Gimignano to Colle di Val d'Elsa

Walk across low hills with vines, woods, olive groves, and views of an almost unchanged medieval landscape... to the ancient walled town of Colle di Val d'Elsa, renowned for its perfectly preserved medieval 'tunnel' streets (also noted for its crystal glass and ice-creams!) (8.4 miles, 4.5 hrs).

Day 4 • Colle di Val d'Elsa to Monteriggioni

Follow farm tracks and gravel lanes across fertile farmland, with olive groves and vineyards, to the Romanesque abbey of Abbadia Isola, and on to Monteriggioni, a tiny medieval village, with 85 inhabitants, encircled by 13th century walls with 14 watchtowers (11.5 miles, 6 hrs).

Day 5 • Monteriggioni to Siena

Through forests, past a castle, open farmland and wooded slopes. Wonderful views on the approach to Siena, the best-preserved great medieval city in Europe (11.3 miles, 6 hrs).

Day 6 • Free day in Siena

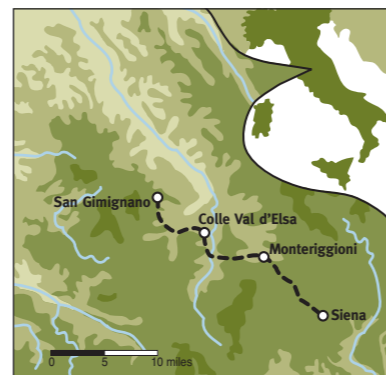
(5 day itinerary – Departure day)

Opportunities for exploring the medieval city, with its abundance of outstanding 14th and 15th century art and architecture, from the famous Piazza del Campo, scene of the Palio horse-race, to galleries filled with iconic medieval masterpieces, and the great cathedral. There are also many excellent shops, bars and restaurants! Optional Siena city walk (3.5 hrs).

Day 7 • Departure day

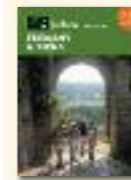
5 DAY ITINERARY:  
ONE NIGHT AT EACH HOTEL ON ROUTE

CYCLING ITINERARY ALSO AVAILABLE  
SEE PAGES 64-67 FOR DETAILS



## Tuscany & Siena Trip Information

### Finding Your Way



The ATG Route Booklet includes detailed directions and maps, as well as up-to-date information on towns visited, places of interest, local history, restaurants, cafés and shops en route.



Your Route Manager is there to ensure your trip runs smoothly. They will brief you before you set out, move your luggage along the route, offer advice and answer your questions, and they're contactable by phone to help out in case of emergencies.

### Restaurants, Food & Wine

There are good (several outstanding) restaurants and trattorie everywhere on route: *si mangia bene!* Traditional Tuscan cooking with game, steak, beans, wild mushrooms, truffles and homemade pasta. There are some especially notable gelaterie with a wide selection of homemade ice-creams.

Renowned local Chianti wines, the white Vernaccia di San Gimignano and the delicious dessert wine Vin Santo.

For further information on food & wine see page 11.

### Getting There

Recommended Destination Airports

Pisa • Florence

From Pisa Airport take trains via Pisa Centrale and Empoli to Certaldo (max 1hr 45mins) or if coming from Florence direct to Certaldo (1 hr), then a taxi to San Gimignano. *Please note, booking a taxi from Certaldo to San Gimignano is recommended as there are not usually taxis waiting at Certaldo station.* Alternatively alight at Poggibonsi (approx. 12 mins after Certaldo) then a bus (25 mins).

For further info on flights see pages 72-73.

### Trains

FROM	TO	PRICE
Pisa	Certaldo	~€6
Florence	Certaldo	~€5

For train journeys ex-London see page 71.

### Taxis

FROM	TO	PRICE
Pisa airport	First hotel	~€160
Florence airport	First hotel	~€100
Certaldo	First hotel	~€30

Prices may be significantly higher on Sundays and public holidays.

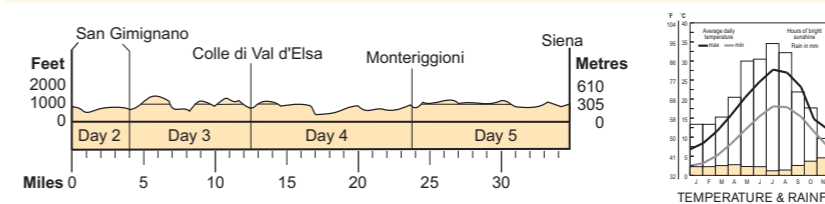
Taxis can be booked via the ATG office.

On booking you will be sent further trip information: details of how to get to/from the route, what to bring and other practicalities.

### Terrain

**Fitness: 25+** (see page 12 for fitness calculation)

Hilly countryside is crossed by *strade bianche* (small gravel roads), mule tracks, farm and woodland tracks and paths, with some asphalt on the approach to towns, notably Siena.



### Prices

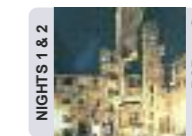
You can plan your Footloose trip for any time within the route opening dates, subject to availability.

TRIP OPTIONS	TRIP PRICES (excluding flights)	DOUBLE FOR SINGLE OCCUPANCY (per night)
• 7 Day Standard	• £725 / \$1,270	• £36 / \$63
• 7 Day Superior	• £895 / \$1,565	• £49 / \$86
• 5 Day Standard	• £525 / \$ 920	• £36 / \$63
• 5 Day Superior	• £625 / \$1,095	• £49 / \$86

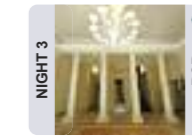
### Extend Your Stay

To extend your stay anywhere on the route, please contact the ATG office. See pages 68-69 for extension hotel rates in Siena or Florence.

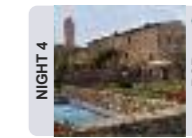
## Accommodation



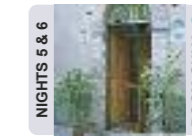
**SAN GIMIGNANO**  
**Leon Bianco**  
★★★★  
Comfortable hotel in medieval centre  
**Superior rooms are larger**



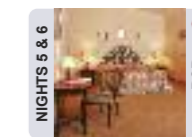
**COLLE DI VAL D'ELSA**  
**Palazzo San Lorenzo**  
★★★★  
Elegant hotel in medieval village with spa and restaurant  
**Superior rooms**



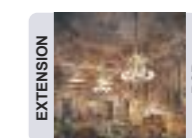
**MONTERIGGIONI**  
**Romantik Hotel Monteriggioni**  
★★★★  
Well-situated hotel with pool



**SIENA**  
**Piccolo Hotel Etruria**  
★★  
Simple hotel in medieval city centre



**SIENA**  
**Athena**  
★★★★  
Modern hotel within the city walls



**SIENA**  
**Grand Hotel Continental**  
★★★★★  
Luxurious, centrally located, well-appointed hotel

The Grand Hotel Continental in Siena is also available as an optional upgrade for nights 5 & 6 of the 7-day trip, or for night 4 of the 5-day trip.

Please contact the office for rates.

- STANDARD OPTION
- SUPERIOR OPTION
- STANDARD & SUPERIOR OPTIONS