

PATHS TO BAROLO

New itinerary

FEATURES

- Barolo – some of Europe’s finest vineyards punctuated by hilltop towns and villages
- The Langhe – extensive wooded hills and views to the Alps
- Excellent Piedmonte cuisine renowned for its truffles
- Superb red wines of Barolo and neighbouring Barbera

ITINERARY

Day 1 Drive from Genoa airport to Bossolasco (757m / 2,479ft) (1.5 hrs).

Day 2 Paths across hills, flower-filled in spring and early summer, bring us to Monforte d’Alba and the vineyards of Barolo (11 miles).

Day 3 Free day in Monforte d’Alba. Optional walk along a ridge to Castiglione Falletto, where we visit a local wine producer (5.5 miles).

Day 4 Walk to Barolo (300m / 985ft) via the Falletti Castle with its renowned *enoteca*. We continue to La Morra (513m / 1,683ft), which has several Baroque churches and palaces (7 miles).

Day 5 Walk through vineyards and small villages to Verduno, continuing to Roddi (5.5 miles), before returning to La Morra.

Day 6 We follow a path along a ridge before descending into Alba, world renowned for its white truffles (in season) (11 miles).

Day 7 From the small town of Alba with its cathedral (closed for restoration – for over 40 years) and bustling old streets, we drive then walk in the adjacent wine area of Barbera, before returning to Alba for dinner at one of its best restaurants (8 miles/4 hrs).

Day 8 Transfer from Alba to Genoa airport (1.5 hrs).

FOOD & WINE

Piedmont is renowned for its gastronomy, offering refined country cooking which follows the seasons. Its most prized ingredient is the white truffle (in season), but you can also expect game cooked in wine, delicate risottos and innovative desserts.

We walk through vineyards producing some of Italy’s most outstanding wines, including the renowned Barolo and Barbaresco, and the lesser-known Dolcetto, Barbera and Moscato d’Asti.

8 DAY TRIP

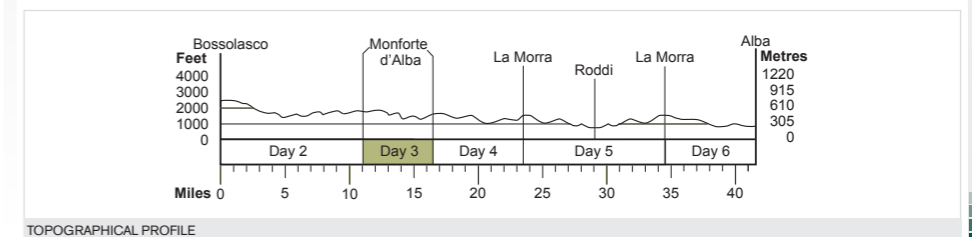
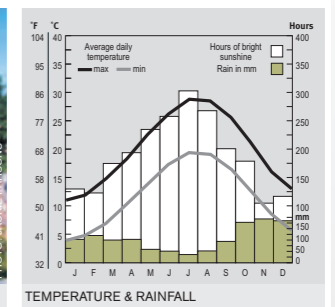
- Destination airport: Genoa
- Fitness: 30+ (see pages 14–15)
- Days of walking: 5 + 1 optional
- Shortest / Longest day’s walk: 2.5 / 5.5 hrs

ACCOMMODATION



VINEYARDS, CASTLES AND WINE

We walk through the wooded Langhe (*pr. Lan-gay*) hills of Piedmont, renowned for the white truffles found there, before descending towards the Tanaro Valley through the famous vineyards of Barolo, producing some of Italy’s most outstanding wines. The countryside is a picturesque patchwork interspersed with woods, hill-top villages and castles, and the area is famed as much for its food as its wines – refined country cooking which follows the seasons.



TERRAIN

Gentle, rolling hills following well-made dirt roads, farm and woodland tracks.

DATES

2012 TRIP DATES
6th May to 13th May
9th Sep to 16th Sep

PRICES

(excluding flights)
£2,895 / \$5,065

DFS supplement (per night)
£28 / \$49