

Etruscan Lanes to Orvieto

8 or 5 Day Trip
Independent Walking up to 52.8 miles

Route Open • 16th Apr to 30th Jun; 28th Aug to 16th Oct



WIDE BLUE WATERS OF LAKE BOLSENA

PHOTO: CHRISTOPHER WHITNEY

Features

- Walk from picturesque Pitigliano to the crag-top town of Orvieto
- Important 2,500 year-old Etruscan sites and deep-hewn lanes, hidden in wooded valleys and ancient volcanic landscapes
- Panoramic views along historic routes, gorges and lakes with opportunities for swimming
- Private boat ride across Lake Bolsena
- Rolling plateaux with inspiring views, and the wide expanse of Lake Bolsena
- Romanesque churches, castles, temples and troglodyte dwellings, and finally Orvieto with its magnificent cathedral

Itinerary

Day 1 • Arrive in Pitigliano
Dramatic approach to Pitigliano on foot (1 mile) via 2,500-year-old Etruscan lanes is strongly recommended. Alternatively this walk can be done as an excursion after arrival (2 miles).

Day 2 • Pitigliano to Sovana
Free morning to explore crag-top Pitigliano, its Etruscan houses, medieval fortress and synagogue. Then follow an Etruscan lane to a small plateau, with pastures and vines, to the charming village of Sovana (4.8 miles, 3 hrs).

Day 3 • Free day in Sovana
Visit Sovana's fine Romanesque churches. Walk to see the outstanding Etruscan necropolis, including the Tomba della Sirena, restored by the ATG Trust (2.5 miles).

Day 4 • Sovana to San Quirico
Paths across farmland lead to an isolated church and fine Etruscan lane that descends into a gorge, from which rises crag-top Sorano. After exploring Sorano, paths along the gorge lead to the troglodyte habitations at Vitozza and the village of San Quirico (10.3 miles, 5 hrs).

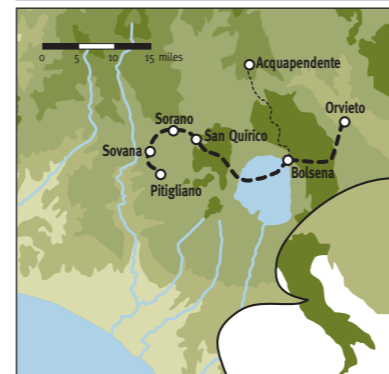
Day 5 • San Quirico to Bolsena
Cart tracks across farmland lead to an escarpment, where paths descend towards the small town of Latera. A climb through chestnut woods to the rim of a volcanic crater offers superb views. Tracks lead down to Lake Bolsena (9.8 miles, 5.5 hrs), from where a private boat takes you across the lake to Bolsena (town).

Day 6 • Free day in Bolsena
Explore Bolsena, its ancient streets, castle, Etruscan temples and church, and catacombs of Santa Cristina, site of the miracle of Corpus Christi. Swimming in the lake. Optional walk from Acquapendente through the low Monti Volsinii (12.2 miles, 6 hrs).

Day 7 • Bolsena to Orvieto
An old Etruscan lane leads up through woods to a plateau and across farmland. The first view of Orvieto, situated high on its extinct volcano, is unforgettable (11.3 miles, 5.5 hrs). Don't miss the magnificent cathedral with frescoes.

Day 8 • Departure day
5 DAY ITINERARY: ONE NIGHT IN PITIGLIANO, SAN QUIRICO, BOLSENA & ORVIETO

CYCLING ITINERARY ALSO AVAILABLE
SEE PAGES 64-67 FOR DETAILS



Etruscan Lanes to Orvieto Trip Information

Finding Your Way



The ATG Route Booklet includes detailed directions and maps, as well as up-to-date information on towns visited, places of interest, local history, restaurants, cafés and shops en route.



Your Route Manager is there to ensure your trip runs smoothly. They will brief you before you set out, move your luggage along the route, offer advice and answer your questions, and they're contactable by phone to help out in case of emergencies.

Restaurants, Food & Wine

Local specialities include *acquacotta* (a rich tomato based soup), sweet Maremma lamb, wild boar and other game; dishes influenced by an ancient Jewish tradition in Pitigliano; and fresh fish, including the regionally unique *corregone* and eels, from Lake Bolsena.

Morellino di Scansano, a fruity full-bodied DOC red and Bianco di Pitigliano

On booking you will be sent further trip information: details of how to get to/from the route, what to bring and other practicalities.

DOC fragrant dry white, often aged in Etruscan caves below the town. Orvieto Classico DOC needs no introduction. Local wines including Est! Est!! Est!!! from Montefiascone.

For further information on food & wine see page 11.

Getting There

Recommended Destination Airports

Rome Fiumicino • Rome Ciampino
From both airports there are frequent connections to central Rome, from where there are trains to Orbetello (2hrs), then a bus or taxi to Pitigliano.

For further info on flights see pages 72-73.

Trains

FROM	TO	PRICE
Rome	Orbetello	~€8 - €13

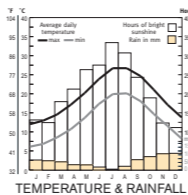
For train journeys ex-London see page 71.

Taxis

FROM	TO	PRICE
Rome airports	First hotel	~€230
Orbetello	First hotel	~€150

Prices may be significantly higher on Sundays and public holidays.

Taxis can be booked via the ATG office.

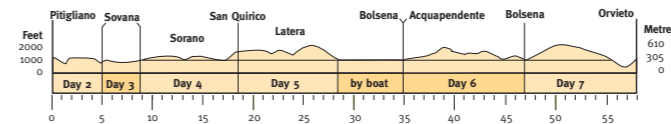


TEMPERATURE & RAINFALL

Terrain

Fitness: 30+ (see page 12 for fitness calculation)

Dirt roads, farm tracks and mule paths across hills and plateaux, and through gorges.



Prices

You can plan your Footloose trip for any time within the route opening dates, subject to availability.

TRIP OPTIONS	TRIP PRICES (excluding flights)	DOUBLE FOR SINGLE OCCUPANCY (per night)
• 8 Day Standard	• £755 / \$1,320	• £25 / \$44
• 8 Day Superior	• £845 / \$1,480	• £29 / \$51
• 5 Day Standard	• £450 / \$ 790	• £23 / \$40
• 5 Day Superior	• £495 / \$ 865	• £25 / \$44

Extend Your Stay

To extend your stay anywhere on the route, please contact the ATG office. See pages 68-69 for extension hotel rates in Orvieto or Rome.

Accommodation

NIGHT 1
PITIGLIANO
Guastini
★★
Family-run hotel in historic town centre
Superior rooms

NIGHTS 2 & 3
SOVANA
Sovana Hotel & Resort
★★★★
Palazzo in town centre
Superior rooms

NIGHT 4
SAN QUIRICO
Agnelli
★★★
Simple hotel in town centre

NIGHTS 5 & 6
BOLSENA
Columbus
★★★★
Comfortable hotel near lake

NIGHTS 5 & 6
BOLSENA
Royal
★★★★
Modern hotel near lake, with pool in summer

NIGHT 7
ORVIETO
Corso
★★★★
Historic building in centre of old city

NIGHT 7
ORVIETO
Palazzo Piccolomini
★★★★
16th century hotel overlooking medieval piazza

EXTENSION
ROME
Cesari
★★★★
Quietly situated near Pantheon in central Rome

- STANDARD OPTION
- SUPERIOR OPTION
- STANDARD & SUPERIOR OPTIONS



PRIVATE BOAT RIDE ACROSS LAKE BOLSENA