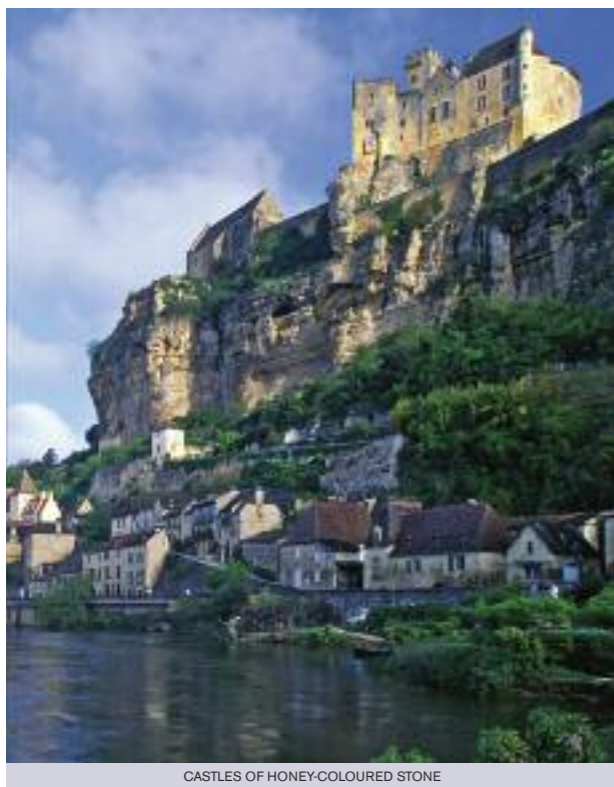


# Classic Dordogne

8 or 5 Day Trip

Independent Walking up to 72.8 miles 91.2 miles with extension

Route Open • 1st Apr to 31st Jul; 1st Sep to 31st Oct



CASTLES OF HONEY-COLOURED STONE

## Features

- Finest Dordogne scenery with spectacular views
- The slow meandering river reflecting castles, flower-filled villages of honey-coloured stone, cliffs and wooded hills
- Outstanding pre-historic sites, with habitations and superb cave paintings and relief carvings dating back 15–20,000+ years
- Accommodation in picturesque traditional buildings
- Regional cuisine of Périgord

## Itinerary

**Day 1 • Arrive in Sarlat-la-Canéda**  
Time to explore this attractive market town, in the heart of Périgord Noir, following an ATG route through old Sarlat with its narrow medieval and Renaissance streets.

**Day 2 • Sarlat-la-Canéda to Carsac-Aillac**  
Walk from the valley up into low hills with fertile farmland, before descending to your hotel on an ancient Roman site beside the River Dordogne (9 or 10.1 miles, 4 or 4.5 hrs).

**Day 3 • Carsac-Aillac to Domme (5 day itinerary – Arrive in Domme)**  
Paths lead up to a plateau with extensive views and to the ancient walled town of Domme, perched high on a cliff, enjoying panoramic views across the Dordogne Valley (8.1 miles, 4 hrs).

**Day 4 • Domme to Beynac**  
After descending to the valley, paths lead along the river to the impressive castle of Castelnau (visit, with superb view from the terrace). After crossing the river and up to the delightful gardens of Marqueyssac, a quiet lane leads to the small village of Vézac, from where it is a 20 minute walk to the crag-top castle of Beynac, high above the river. There is the possibility of making this day's journey by canoe from Cenac, below Domme, to Beynac (8 or 10.7 miles, 3.5–4 hrs or 4–4.5 hrs).

**Day 5 • Beynac to Meyrals**  
A choice of routes lead along the river, then across low hills to the village of Meyrals and a converted farm in a quiet valley. Optional routes via St Cyprien (fine church) or along the south side of the river via Château des Milandes, once home of Josephine Baker (10.5, 13.3 or 16.7 miles, 5.5–8.5 hrs).

**Day 6 • Meyrals to Les Eyzies-de-Tayac**  
Paths lead up into hills, then down to the Beune Valley (optional excursion to site of pre-historic settlement of Cap Blanc – relief carvings of bison and horses), before continuing through the picturesque village of Sireuil to the Font-de-Gaume cave, and on to Les Eyzies (8.1 or 10.1 miles, 4 or 5 hrs).

**Day 7 • Les Eyzies-de-Tayac-Sireuil (5 day itinerary – Departure day)**  
Free day in Les Eyzies with optional walks to visit pre-historic sites (4–17.1 miles).

**Day 8 • Departure day, or...**  
Optional extension to Montignac: paths across wooded hills lead to the prehistoric site of Roque St Christophe, from where paths along the Vézère Valley lead to the small town of Montignac (10.7 or 18.4 miles, 4.5–5 or 8 hrs).

5 DAY ITINERARY:  
DOMME TO LES EYZIES-DE-TAYAC

CYCLING ITINERARY ALSO AVAILABLE  
SEE PAGES 64-67 FOR DETAILS 



## Classic Dordogne Trip Information

### Finding Your Way



The ATG Route Booklet includes detailed directions and maps, as well as up-to-date information on towns visited, places of interest, local history, restaurants, cafés and shops en route.



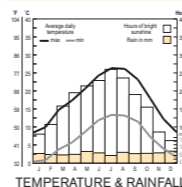
Your Route Manager is there to ensure your trip runs smoothly. They will brief you before you set out, move your luggage along the route, offer advice and answer your questions, and they're contactable by phone to help out in case of emergencies.

### Restaurants, Food & Wine

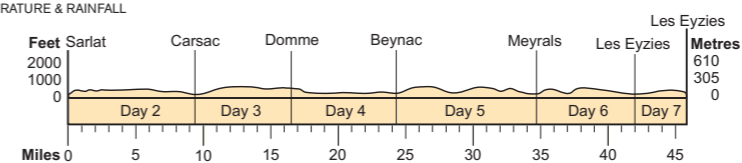
The region has a reputation for extremely fine food and produces a number of gastronomic specialities. The cuisine of Périgord has long been famous for its *pâtés*, *foie gras*, confits, wild mushrooms, truffles, walnuts, goose, duck and pork. Other renowned local ingredients include goat's cheese, chestnuts, superb vegetables, chicory, sorrel, plums, greengages and strawberries.

Local wines from around Bergerac complement the cuisine, or there is Bordeaux and Cahors.

On booking you will be sent further trip information: details of how to get to/from the route, what to bring and other practicalities.



TEMPERATURE & RAINFALL



**Terrain Fitness: 25+ or 30+** (see page 12 for fitness calculation)

Easy walking paths, with quiet lanes along river valleys and farm tracks over low hills.

### Prices

You can plan your Footloose trip for any time within the route opening dates, subject to availability.

TRIP OPTIONS	TRIP PRICES (excluding flights)	DOUBLE FOR SINGLE OCCUPANCY (per night)
• 8 Day Standard	• £ 865 / \$1,515	• £30 / \$53
• 8 Day Superior	• £1,260 / \$2,205	• £50 / \$88
• 5 Day Standard	• £ 560 / \$ 980	• £36 / \$63
• 5 Day Superior	• £ 795 / \$1,390	• £42 / \$74

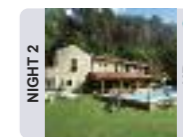
### Extend Your Stay

To extend your stay anywhere on the route, please contact the ATG office. See page 69 for extension hotel rates in Montignac.

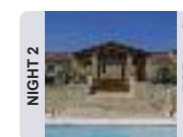
## Accommodation



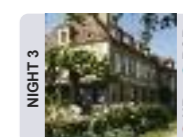
**SARLAT-LA-CANÉDA**  
**Hôtel Le Renoir**  
★★★★  
Spacious, airy hotel with pool and garden  
Superior rooms are larger



**CARSAC**  
**Le Relais du Tournon**  
★★★  
Friendly, family-run hotel with gardens and pool



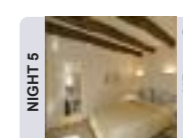
**CARSAC**  
**Hôtel La Villa Romaine**  
★★★★  
Converted farm-house in idyllic setting with pool



**DOMME**  
**L'Esplanade**  
★★★★  
Excellent location with views and restaurant  
Superior rooms



**BEYNAC**  
**Hôtel Pontet**  
★★★  
Charming hotel at the foot of the medieval village  
Superior rooms



**MEYRALS**  
**La Ferme Lamy**  
★★★★  
Tranquil, idyllic setting with pool  
Superior rooms are larger



**LES EYZIES-DE-TAYAC**  
**Moulin de La Beune**  
★★★  
Converted mill with lovely garden



**LES EYZIES-DE-TAYAC**  
**Hôtel Les Glycines**  
★★★★  
Former coaching inn set in beautiful gardens with pool



**MONTIGNAC**  
**La Roseraie**  
★★★★  
Traditional, historic hotel with lovely gardens

NUMBER OF NIGHTS HB (DINNER INCLUDED)  
8 DAY • Standard: 3 / Superior: 4  
5 DAY • Standard: 2 / Superior: 4

- STANDARD OPTION
- SUPERIOR OPTION
- STANDARD & SUPERIOR OPTIONS