

## UNKNOWN CATALUNYA

New itinerary

## FEATURES

- Varied walking with spectacular views
- Stay at one of Spain's finest country hotels for seven nights
- Cuisine from one of Spain's top cooks
- Many birds, including peregrine falcons, golden eagles and griffon vultures
- Superb, isolated Romanesque churches

## ITINERARY

**Day 1** Transfer from Barcelona airport to the spectacular monastery at Montserrat (1 hr), before continuing to our hotel near Peramola in the Segre Valley (1.5 hrs). Optional late afternoon walk to the nearby village of Peramola (3 miles, 1.5 hrs).

**Day 2** We follow paths behind the hotel up into the Sierra del Corb, and visit a Romanesque church with extensive views of the Segre Valley (7.5 miles, 3.5 hrs).

**Day 3** From the unusual Romanesque church at Col de Nargo we follow an 'easy' track through a low pass, then continue, enjoying extensive views, to the old fortified village of Montanissell (3.3 miles/1.5 hrs). Optional afternoon walk – returning by a different route (4 miles, 2 hrs).

**Day 4** We travel by road (35 mins) to La Seu d'Urgell to visit the fine Romanesque church, picturesque streets and colourful local market. Optional afternoon walk to a point with excellent views of the Pyrenees (5 miles, 2.5 hrs).

**Day 5** We travel by road to the picturesque Val d'Arques, and follow tracks to a fine Romanesque church (an ATG Trust restoration project). Opportunities for swimming in an idyllic natural pool in the river (6.5 miles, 3 hrs).

**Day 6** We drive (30 mins) to Solsona to visit the museum of Romanesque art and sculpture. Free afternoon at Can Boix, with an optional walk to explore the excellent walking to the west of Peramola, following paths through scrub, woods and meadows to a ridge with extensive views (6 miles, 3 hrs).

**Day 7** We drive to Organyà and follow an ancient pilgrim path up to a remote, dramatically situated Romanesque sanctuary church with panoramic views, returning by the same route. There have been some impressive bird sightings on this walk, including two species of eagles and vultures. (4 miles, 2 hrs).

**Day 8** Return by road to Barcelona airport (2 hrs).

## 8 DAY TRIP

- Destination airport: Barcelona
- Fitness: 25+ (see pages 14–15)
- Days of walking: 7
- Shortest / Longest day's walk: 1.5 / 3.5 hrs

## ACCOMMODATION

NIGHTS 1–7  
PeramolaCan Boix  
★★★★For extension hotels in  
Barcelona see page 161

## MONTSERRAT AND THE SIERRAS OF THE SEGRE

Discover limestone sierras intersected by spectacular gorges, where mountain rivers cascade from pool to pool and eagles and griffon vultures soar over flower-filled pastures, fine Romanesque churches and crumbling castles.



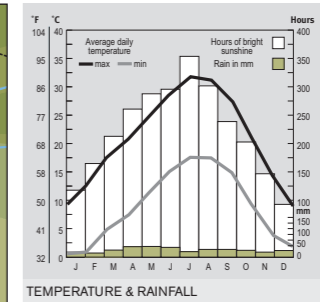
SPECTACULAR VIEWS WALKING THROUGH LIMESTONE SIERRAS



FINE ROMANESQUE CHURCHES



RUGGED SCENERY



TEMPERATURE &amp; RAINFALL

## TERRAIN

Dirt roads, forest tracks and mule paths; ways across open mountains and along river banks.

## DATES

**2012 TRIP DATES**  
12th May to 19th May  
6th Oct to 13th Oct

## PRICES

(excluding flights)  
£2,295 / \$4,015

DFS supplement  
(per night)  
£33 / \$58